



## Do you mean me?

Are you a sports enthusiast? Or a someone who sits at a desk all day using a computer? Or perhaps you are someone who does lots of driving?

Maybe you are a keen gardener, or might be a person who has been injured in an accident?

Whoever you are – you're and individual and:

- Your aches and pains are unique to you regardless of what caused them
- You deserve to feel as and healthy as possible, both now and in the future
- Your priority could be to get some professional help to diminish your discomfort and to improve your wellbeing.

The good news is that Cheshire Physiotherapy Centre can probably help you to feel much better!

Established for over 20 years, we have earned a first class reputation as a physiotherapy centre of excellence providing elite standards of treatment and patient focused care.

## What therapy will suit you?

### General Physiotherapy Services

Core physiotherapy treatments are used with an emphasis on a 'hands-on' approach, using massage and manipulation. The full spectrum of electrotherapy modalities such as ultrasound interferential pulsed shortwave diathermy (PSWD), can be individualised to suit your needs.

### Shockwave Therapy

Shockwave therapy treats soft tissue problems which have proved resistant to more conventional treatments. It emits a high intensity sound wave that interacts with the tissues of your body to create an optimal healing environment and can be used to treat tennis elbow, Achilles tendonitis, plantar fasciitis and patellar tendonitis.

### Ultrasound Scanning

When your tendons or muscles give you pain, the use of ultrasound scanning can visualise the problem when used effectively as a biofeedback tool to check you are able to do correct abdominal muscle contraction for core stability training.

### Injection Therapy

Injections are helpful in treating conditions such as Osteoarthritis and Bursitis - our specialist pain management therapy is available by our highly skilled therapists.

### Holistic

Alternative pain management is available to you through acupuncture. This ancient Chinese therapy has been widely used in both Eastern and Western health care for centuries and can be used as a support to your general wellbeing.

## Treatment methods we use



Manipulation & exercise



Shockwave Therapy



Massage and Acupuncture

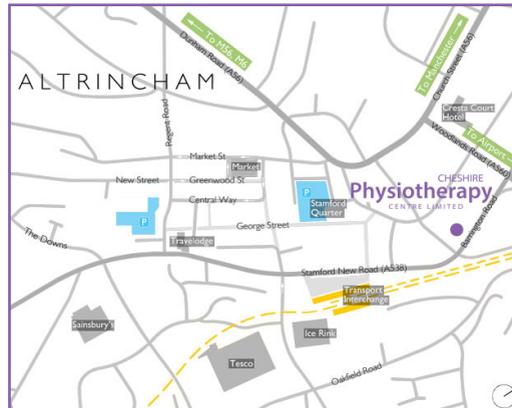


Pilates

When you need expert, professional physiotherapy care, Cheshire Physiotherapy Centre can help you.

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Early morning and evening appointments available Monday to Friday, convenient on-site free parking, disabled access and facilities, registered with all main insurance companies.

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**'Leading the way in therapeutic physiotherapy healthcare'**

**0161 929 4744**  
[www.cheshirephysio.co.uk](http://www.cheshirephysio.co.uk)

“ Fabulous! Impressed with treatments and friendly atmosphere”  
*Mrs H Wilkinson*

“ Professional, positive attitude, combined with efficient, healing treatment has not only improved my back, but has given me the confidence to manage it in the future”  
*A Mackay*

“ For years I had been enduring strong back pain, but thanks to Cheshire Physiotherapy Centre, I am now pain free and feeling 20 years younger”  
*Mr R Parker*

“ The consummate professional approach, combined with first rate treatment has led to recovery in a very short space of time”  
*D Holmes*

